



Fallon Group Class Schedule

(Effective: 10/3/2017)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Cycle 6:00am-6:50am Candice	 Cycle 5:00am-5:50am Marianne	 Cycle 6:00am-6:50am Candice	 Cycle 5:00am-5:50am Marianne		 Cycle* 8:00am-8:50am Marianne/Candice
		 YOGA 9:00a-10:00a Jennifer		 YOGA 9:00a-10:00a Shaniya	 PiYO 9:00am-9:50am Aya
 PiYO 5:00pm-5:50pm Aya	BOOT CAMP 5:15pm-6:00pm PEAK PERFORMANCE	 PiYO 5:30pm-6:20pm Aya	BOOT CAMP 5:15pm-6:00pm PEAK PERFORMANCE		
 ZUMBA 6:10pm-7:00pm Melissa W.	 ZUMBA 6:10pm-7:00pm Melissa W.	TABATA 6:30pm-7:20p Jennifer	 ZUMBA 6:10pm-7:00pm Melissa W.		
 POUND 7:10pm-8:00pm Jennifer	BARRE 7:10pm-8:00pm Jennifer		 Cycle 7:10pm-8:00pm Candice		

*Cycle Class with Marianne Oct 7 & 21

*Cycle Class with Candice Oct 14 & 28