

Farmington Class Schedule

(Effective: 11/12/2018)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6AM	Glute Camp	Cycle	Glute Camp	Cycle	Glute Camp	
	Marty	Janeen	Marty	Janeen	Marty	
7AM						Athletic Step
						Marty
8AM			Cycle			
			Robin			
9AM	Yoga		Yoga		Cycle	
	Calvin		Kathy		Robin	
10AM					Yoga	
					Robin	
6PM						
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7PM		Power Pump	Cycle	Power Pump		
		Janeen	Janeen	Janeen		
8PM	Yoga		Yoga			
	Calvin		Calvin			