



# Farmington Class Schedule

(Effective: 04/29/19)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>GLUTE CAMP</b> 6:00am Marty		<b>GLUTE CAMP</b> 6:00am Marty		<b>GLUTE CAMP</b> 6:00am Marty	
		<b>Cycle</b> 8:00am Robin			<b>ATHLETIC STEP</b> 7:00am Marty
				<b>Cycle</b> 9:00am Robin	<b>HIGH FITNESS</b> 9:00am Carly
				<b>Yoga</b> 10:00am Robin	
	<b>HIGH FITNESS</b> 7:00pm Carly	<b>Yoga</b> 7:00pm Mandy	<b>HIGH FITNESS</b> 7:00pm Carly		
<b>Yoga</b> 8:00pm Rachel					

In an attempt to save the trees, please take a picture of the schedule for your reference.

If you would like a paper copy, a front desk attendant will gladly make one for you. Thank you, FF10 Management.