



















Fernley Group Class Schedule

(Effective: 6/12/2017)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CYCLE 8:00a-8:50a  Erin		CYCLE 6:00a-6:50a  Erin	CYCLE 7:00a-7:50a  Erin	CYCLE 8:00a-8:50a  Erin	YOGA 8:00a-8:50a  Shaniya
		YOGA 9:00a-9:50a  Shaniya			CYCLE 9:00a-9:50a  Shaniya
		BALLET BODY 10:00a-10:50a  Alicia		BALLET BODY 10:00a-10:50a  Alicia	
					 STRONG BY ZUMBA 11:00a-12:00p Celia
HIIT 5:15p-5:45p  Ebony	 STEP 5:30p-6:15p Ebony	BOOT CAMP 5:30p-6:20p PEAK	 ZUMBA FITNESS 5:30p-6:20p Michelle	BOOT CAMP 5:30p-6:20p PEAK	
 U-JAM FITNESS 6:00p-6:50p Michelle		MOMMY & ME BALLET 6:30p-7:20p  Alicia	YOGA 6:30p-7:20p  Shaniya	LINE DANCE 6:30p-7:20p  Alicia	
 ZUMBA FITNESS 7:00p-7:50p Juli	 ZUMBA FITNESS 7:00p-7:50p Juli	LINE DANCE 7:30p-8:20p  Alicia		LINE DANCE 7:30p-8:20p  Alicia	

