



# Fernley Group Class Schedule

(Effective: 8/23/2018)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CYCLE</b> 6:00a-6:50a  Jennifer	 6:00a-6:50a Jennifer	<b>CYCLE</b> 6:00a-6:50a  Jennifer		<b>CYCLE</b> 6:00a-6:50a  Jennifer	 <b>YOGA</b> 8:00a-8:50a Shaniya
 <b>YOGA</b> 9:00a-9:50a Jennifer	 9:00a-9:50a Jennifer	 <b>YOGA</b> 9:00a-9:50a Jennifer	 9:00a-9:50a Jennifer		 9:00am-9:50am Jennifer
	<b>BURN AND TONE</b> 10:00a-10:50a Jennifer	 10:00am-10:50am Jennifer	<b>Step &amp; Sculpt</b> 10:00a-10:50a Jennifer		<b>TABATA</b> 10:00a-10:50a Jennifer
	 1:00p-1:50p Isaeika		 1:00p-1:50p Isaeika	 1:00p-1:50p Isaeika	 11:00a-11:50a Jennifer
<b>HIIT</b>  5:30p-6:00p Ebony	 5:30p-6:15p Ebony	 5:30p-6:20p Jennifer	<b>CYCLE</b> 5:00p-5:50p  Jennifer		
<b>GROUP WEIGHT TRAINING</b>  6:00p-6:50p Ebony	 6:20p-6:50p Rachel		 <b>YOGA</b> 6:00p-6:50p Shaniya	<b>CYCLE</b> 6:00p-6:50p  Jennifer	
 7:00p-7:50p Juli	 7:00p-7:50p Juli		 7:00p-7:50p Rachel		

Sign up for class cancellations and alerts by texting "SIGN ME UP FERNLEY" to 775-372-9588