



Fernley Group Class Schedule

(Effective: 1/5/2018)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CYCLE 6:00a-6:50a  Jennifer		CYCLE 6:00a-6:50a  Jennifer		CYCLE 6:00a-6:50a  Jennifer	YOGA 8:00a-8:50a  Shaniya
YOGA 9:00a-9:50a  Jennifer	PILATES 9:00a-9:50a Jennifer	YOGA 9:00a-9:50a  Shaniya	PILATES 9:00a-9:50a Jennifer		 9:00am-9:50am Jennifer
		 ZUMBA 10:00a-10:50a Isaeika		 ZUMBA 10:00a-10:50a Isaeika	TABATA 10:00a-10:50a Jennifer
		BALLET BODY 4:00p-4:50p  Alicia		BALLET BODY 4:00p-4:50p  Alicia	
HIT 5:15p-5:45p  Ebony	 STEP 5:30p-6:15p Ebony	BOOT CAMP 5:15p-5:50p PEAK		BOOT CAMP 5:15p-5:50p PEAK	
GROUP WEIGHT TRAINING 6:00p-6:50p  Ebony		LINE DANCE 6:00p-6:50p  Alicia	YOGA 6:00p-6:50p  Shaniya	LINE DANCE 6:00p-6:50p  Alicia	
 ZUMBA 7:00p-7:50p Juli	 ZUMBA 7:00p-7:50p Juli		 ZUMBA 7:00p-7:50p Juli	LINE DANCE 7:00p-7:50p  Alicia	

Sign up for class cancellations and alerts by texting "SIGN ME UP FERNLEY" to 775-372-9588