

























Fernley Group Class Schedule

(Effective: 9/26/2017)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CYCLE 8:00a-8:50a  Erin		CYCLE 6:00a-6:50a  Erin	CYCLE 7:00a-7:50a  Erin	CYCLE 8:00a-8:50a  Erin	YOGA 8:00a-8:50a  Shaniya
YOGA 9:00a-9:50a  Jennifer	 9:00a-9:50a Jennifer	YOGA 9:00a-9:50a  Shaniya	 9:00a-9:50a Jennifer		
		BALLET BODY 10:00a-10:50a  Alicia		BALLET BODY 10:00a-10:50a  Alicia	TABATA 10:00a-10:50a Jennifer
HIIT 5:15p-5:45p  Ebony	 5:30p-6:15p Ebony	BOOT CAMP 5:00p-5:50p PEAK	YOGA 5:30p-6:20p  Shaniya	BOOT CAMP 5:00p-5:50p PEAK	
GROUP WEIGHT TRAINING 6:00p-6:50p  Ebony		MOMMY & ME BALLET 6:00p-6:50p  Alicia	 6:30p-7:20p Juli	LINE DANCE 6:00p-6:50p  Alicia	
 7:00p-7:50p Juli	 7:00p-7:50p Juli	LINE DANCE 7:00p-7:50p  Alicia		LINE DANCE 7:00p-7:50p  Alicia	