



3600 Ranch Drive, Prescott, AZ 86303 (928) 445- 8866

Prescott Weekly Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SilverSneakers® Classic 8:30am (Jean)		SilverSneakers® Classic 8:30am (Jean)				
PILATES 10:15 AM (Kit)	YOGA All Levels 10:15 AM (Katy)	PILATES 10:15 AM (Tiger)	YOGA All Levels 10:15 AM (Katy)			
ZUMBA® 11:15am (Tiger)	ZUMBA® 11:15 AM (Tiger)		ZUMBA® 11:15 AM (Jori)			
		Trip City Table Tennis Club 12 PM - 4 PM (Fee Required)		Trip City Table Tennis Club 12 PM - 4 PM (Fee Required)	Trip City Table Tennis Club 12 PM - 4 PM (Fee Required)	Trip City Table Tennis Club 12 PM - 4 PM (Fee Required)
Cardio Hip-Hop 6:15pm (Heaven)						

EFFECTIVE DATE: 01/14/2018