

FALL 2018 **GROUP FITNESS**

FITNESS for **\$10**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30a-9:25a SILVERSNEAKERS Jean	10:15a-11:10a YOGA Katy	8:30a-9:25a SILVERSNEAKERS Jean	10:15a-11:10a YOGA Katy	12:00p-4:00p TRI-CITY TABLE TENNIS CLUB (Fee Required)	11:00a-4:00p TRI-CITY TABLE TENNIS CLUB (Fee Required)	11:00a-4:00p TRI-CITY TABLE TENNIS CLUB (Fee Required)
10:00a-11:00a PILATES KIT	11:15a-12:10p ZUMBA	10:15a-11:10a YOGA Mary-Pat	11:15a-12:10p ZUMBA Jori			
11:15a-12:10p ZUMBA		12:00p-4:00p TRI-CITY TABLE TENNIS CLUB (Fee Required)				

Drop In Fees:
 Basic/VIP members: \$5
 Guests of VIP / VIP+ members: \$5
 Non-members / Guests: \$10