



Reno Group Class Schedule

(Effective: 03/01/2018)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room	
	11:05am-11:55am Yoga BURN Molly - Group X Room			12:05pm-12:55pm Cycle  Jeff - Cycling Room	10:00am-11:00am Core Conditioning Stephanie - Group X Room
	12:05pm-12:55pm Cycle  Molly - Cycling Room	12:05pm-12:55pm Cycle  Dawn - Group X Room	12:10pm-12:55pm <u>Lunch Crunch</u> Dawn - Group X Room		
12:05pm-12:55pm Core Conditioning Stephanie - Group X Room		12:05pm-12:55pm YOGA Tyler - Group X Room	12:05pm-12:55pm Vinyasa Flow Yoga Tyler - Cycling Room		
6:00pm-6:55pm Yoga Tyler - Group X Room	6:00pm-6:55pm Yoga BURN Carli- Group X Room				