



Reno Group Class Schedule

(Effective: 04/01/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room
	11:05am-11:55am Strength & Flexibility Dawn - Group X Room		11:05-11:55 YOGA BURN Jennifer - Group X Room	
11:45-12:30 Vinyasa Yoga Jennifer - Group X Room	12:05pm-12:55pm Cycle  Dawn - Cycling Room	12:05pm-12:55pm Cycle  Dawn - Group X Room	12:05pm-12:55pm Vinyasa Flow Yoga Jennifer - Cycling Room	12:05pm-12:55pm Cycle  Jeff - Cycling Room
12:35-1:05  Silvia-Group X Room	12:05-12:50  Silva- Group X Room	12:10pm-12:55pm Vinyin Yoga Jennifer - Group X Room	12:10pm-12:55pm LUNCH CRUNCH Dawn - Group X Room	
6:30pm-7:30pm  Clauia - Group X Room		6:30pm-7:30pm  Claudia - Group X Room	6:30pm-7:30pm  Claudia- Group X Room	