



Reno Group Class Schedule

(Effective: 08/21/2017)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room		6:00am-7:00am Boot Camp Colie - Group X Room	
				12:05pm-12:55pm Cycle  Jeff - Cycling Room	10:00am-11:00am Core Conditioning Stephanie - Group X Room
	11:05am-11:55am Yoga BURN Molly - Group X Room	12:05pm-12:55pm Cycle  Molly - Group X Room	12:10pm-12:55pm Insanity Stephanie - Group X Room		
12:05pm-12:55pm Core Conditioning Stephanie - Group X Room	12:05pm-12:55pm Cycle  Molly - Cycling Room	12:05pm-12:55pm Vinyasa Flow Yoga Tyler - Group X Room	12:05pm-12:55pm Yoga + Pilates Helen - Cycling Room		