



Employment Application

PERSONAL INFORMATION

Date of Application _____

Name _____
First Middle Initial Last

Last 4 digits of your SSN _____

Primary phone # () _____

Email address _____

Are you prevented from lawfully becoming employed in the country because of a VISA or immigration status? Yes No

Have you ever applied at Fitness For 10 before? Yes No If yes, when? _____

Have you ever been convicted of a crime? Yes No If yes, explain _____

Are you over 18 years of age? Yes No How did you hear about us? _____

AVAILABILITY

Available as of: _____ Position desired: _____ Desired salary: _____

Please list the hours you are available to work each day in the space below

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
From							
To							

Are you seeking seasonal employment? Yes No If yes, for how long? _____

EDUCATION

	Name / Location	Graduate / Degree	Major / Subjects of study
High School			
College/University			
Other			

Do you have a current Personal Training or Group Fitness certification? Yes No

If yes, list all certifications _____

Please list your areas of highest proficiency, special skills, etc that may relate to the position you are applying for _____

EMPLOYMENT HISTORY

Please list your last 3 employers, starting with the most recent

Dates employed	Company name	Position	Salary	Reason for leaving

Are you currently employed? Yes No If yes, may we contact your employer? Yes No

Which of these jobs did you like best? _____

What did you like most about that job? _____

REFERENCES

Name	Phone #	Occupation	Relationship	Years acquainted

IN CASE OF EMERGENCY NOTIFY

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Name Phone Number Relationship

I certify that all of the information submitted by me on this application, my resume, and verbally is true and complete and I understand that if any false information, omissions, or misrepresentations are discovered, my application may be rejected and if employed may result in my termination.

In consideration of my employment, I agree to conform to the company's rules and regulations and I agree that my employment and compensations can be terminated with or without cause, and with or without notice, at any time, at either my or the company's option. I also understand and agree that the terms and conditions of my employment may be changed, with or without cause, and with or without notice, at any time by the company.

Applicant Signature

Date

FITNESS FOR 10 USE ONLY

Interview date _____ Time _____ Interviewed by _____

Remarks _____